

Name: Shiri Daniels Date: July 2024

#### **CURRICULUM VITAE**

#### 1. Personal Details

Permanent Home Address: 1 Hagai St. Ramat-Hasharon

Phone: +972-52-6928800

E-mail: shiridaniels1@gmail.com

Marital Status: Married

#### 2. Higher Education

#### A. Undergraduate and Graduate Studies

#### M.A. Educational Counseling, Cum Laude

1997

University of Haifa, Faculty of Education, Specializing in Art Therapy and Bibliotherapy **B.A. Educational Counseling**, Sociology and Anthropology, Cum Laude

1994

Tel Aviv University

#### **B.** Doctoral Degree and Post-Doctoral Studies

#### Ph.D. Educational Counseling

2007

**Dissertation** - Psychological consequences for educational counselors from their psychotherapeutic work. University of Haifa, Faculty of Education

Supervisor: Prof. Joseph Guttman

#### C. Other Education

Advanced course in Short-Term Dynamic Counseling Yaad Institute

1997

# 3. Academic Ranks and Tenure in Institutes of Higher Education

Dates	Institution and Department	Rank/Position
2023 - present	COLMAN – The College of Management	Head of the Educational
	Department of Educational Counseling	Counseling Masters' Program
		Senior Lecturer and full-time
		faculty member
2022 - present	COLMAN – The College of Management	Founder and Manager
	Department of Educational Counseling	
	Online Counseling Clinic	
2020 - 2023	COLMAN – The College of Management	Department Coordinator
	Department of Educational Counseling	Lecturer



2009-2020	Tel Aviv University	Lecturer
	Department of Educational Counseling	
2000-2003	Tel Aviv University	Lecturer
	Department of Human Development and	
	Education	
2012	Interdisciplinary Center Herzliya –	Lecturer
	Faculty of Psychology	

#### 4. Scholarly Positions and Activities outside the Institution

#### Group facilitation and supervision

Training students in Emotional First Aid, as part of practical training

Tel Aviv University, Dep. of Psychology, Dep. of Educational Counseling

2010 - Present

Interdisciplinary Center Herzliya – Faculty of Psychology

2016 - Present

#### Coordinator of practical training for graduate students in educational counseling

Tel Aviv University, Department of Human Development and Education 2000 - 2003

#### **Instructor, Educational Counseling**

Supervision and training of graduate students in educational counseling

University of Haifa 1997 - 2004

### 5. Participation in Scholarly Conferences

#### a. Active Participation

Date	Name of Conference	Place	Subject of Lecture/Discussion	Role
2024	The 22nd annual conference of the Israel Association for the Study of Language and Society Language and Society in the Shadow of the 7th October War		Telephone and online support channels during emergency	Lecturer
2024	Triennial Conference of the Israeli Psychiatric Association Psychiatry in the Age of Innovation in the Shadow of War	Herzliya, Israel	"Swords of the Soul" - Analysis of Israelis seeking Emotional First Aid during the Six Months of War	Lecturer
2023	The 7th October War - Resilience and mental health challenges The Israel National Institute for Health Policy Research		Psychological First Aid in Wartime - Mapping Needs and Challenges	Lecturer
2022	The first International Scientific and Methodological Forum: Psychological Trauma of War	· ·	Effective tools to reduce development of trauma – Emotional support via telephone	Lecturer



			<del>-</del>	
2021	"My Shadow and I", Coping with post trauma and its implications on the community	Center, Israel	Online emotion first aid following trauma	Lecturer
2020	Sexuality in a Safe Space: Therapeutic and Systemic Aspects in the Work of Educators			Keynote Speaker
2017	Arachim 8 – Connections and creations, European Jewish Educators	Londin, UK	support during crisis and emergency	Lecturer and workshop leader
2016	"For life to go on"- IFOTES Congress	Aachen, Germany	The crisis and I, Discussing the principles of continuity in the aftermath of traumatic events	Lecturer
2016	IPRED IV - The 4th International Conference on Healthcare System Preparedness and Response to Emergencies & Disasters		Pass it on – Psychosocial training in the aftermath of typhoon Yolanda in the Philippines.	Lecturer
2016	2nd International Conference on Loss, Bereavement and Human Resilience in Israel and the World: Facts, Insights and Implications	Eilat, Israel	What is death to you? Emotional support in the process of dealing with death and dying	Lecturer
2015	Arachim 7, Challenges and Solutions, European Jewish Educators			Keynote speaker
2015	36th Annual Conference of the Stress and Anxiety Research Society (STAR), 2015 - Stress and Anxiety – Resilience, Coping and Thriving.	Tel Aviv, Israel	In front of a suffering human being, theory disappears" - Psychological benefits and costs of providing emotional first aid.	Lecturer
2015	UNESCO Conference - BIOETHICS, MEDICAL ETHICS & HEALTH LAW		A revised ethical code for an association of mental first aid	Lecturer
2015	"To Understand in order to prevent", The Israeli Suicide Research Symposium	Tel Aviv, Israel	"Soothing a lonely soul" – Emotional support for the elderly, a telephone support framework.	
2012	ESSSB 2012 - The 14 <sup>th</sup> European Symposium for suicide & suicidal behavior	Tel Aviv, Israel	benefits of supporting suicidal telephone support seekers	Lecturer
2010	2010 IFOTES CONGRESS, "Listening for Peace - Exploring Alternatives to Violence"	Wien, Austria	The other side of the telephone line: psychological costs and benefits.	Lecturer

#### b. Organization of Conferences or Sessions

Date	Name of Conference	Place	Subject/Role	Role
			of	
			Conference,	
			Comments	



2024, 2023	Applying Mindfulness in Education and	Israel	Member of the
	Counseling		Organizing
			Committee and
			Scientific committee
2024	Conference on Loss, Bereavement and	Israel	Member of the
	Human Resilience in Israel and the World		Organizing
			Committee and
			Scientific committee
2021	4 <sup>th</sup> International Conference on Loss,	Online	Member of the
	Bereavement and Human Resilience in Israel	Conference	Organizing
	and the World: Facts, Insights and		Committee and
	Implications		Scientific committee
2019	3 <sup>rd</sup> International Conference on Loss,	Eilat, Israel	Member of the
	Bereavement and Human Resilience in Israel		Organizing
	and the World: Facts, Insights and		Committee and
	Implications		Scientific committee

# 6. Invited Lectures\ Colloquium Talks

Date	Place of Lecture	Name of Forum	Presentation/Comments
2021	Tel Aviv	Advanced training for therapists	Online emotional first aid and crisis
	University, School	in online intervention	intervention
	of Social Work		
2021	Online conference	Enosh - The Israeli mental	Suicide prevention and online
		health Association	intervention – Keynote Speaker

# 7. Teaching

## a. Courses Taught in Recent Years

Year	Course Name	Type: Lecture/Seminar/ Workshop/ High Learn Course /Introduction	Degree	No. of Students
2022 - present	From crisis to resilience and growth	Seminar	BA	25
2022 - present	Mindfulness Workshop	Workshop	BA	25
2022 - present	022 - present Online Emotional First		BA	20
2021 - present	Research seminar and project in Educational Counseling	Seminar	MA	24
2021 - present The helping interview: skills and techniques		Workshop	MA	15
2010 - present	Short-term counseling	Lecture	M.A.	40
2016 - present	Online Counseling	Lecture	M.A.	40
2020 - 2021	Practice of Educational Counseling	Lecture	M.A.	25



2016 - 2019	Psychology in the digital age	Lecture	Teaching Certificate In Psychology	40
2000 - 2003	The psychological interview process	Lecture	MA	20

#### 8. Professional Experience

#### ERAN - NGO, Emotional First Aid via Telephone and Internet

#### **Executive Director of Counseling**

2009 - Present

Leading and formulating the organization's overall methodology, policy and training

- o Screening, recruiting and training of volunteers. Prevention of volunteer turnover and burnout
- O Developing training programs and materials for providing ongoing emotional support; initiating and establishing special projects: dedicated Holocaust Survivors' support line, dedicated soldiers' support line, support for children and youth through online media; telephone and Internet support program for youth, the elderly, new immigrants and minorities, as part of the National Suicide Prevention Program
- o Consultations for management team and executive committee on professional dilemmas and ethics

Leading ongoing collaboration with Government Offices, the Israeli Parliamentary committees, public organizations, community services and business corporations, including the Ministry of Education, Ministry of Social Affairs, Ministry of Health, Ministry of Immigration, Ministry for Social Equality, IDF, Social Welfare Institute, the Israel Trauma Coalition, Academic Institutions and the Public Media. Head of ERAN's training center – training government, community and business organizations.

#### Member of the National Council of the Suicide Prevention

Ministry of Health

Member of the National Council of PTSD

Ministry of Health

Member of the Committee for formulating recommendations on resilience for the masses

Ministry of Health

Member of the international suicide prevention expert panel

Facebook

#### ITC (Israel Trauma Coalition)

Preparedness, response and resilience expertise in dealing with national emergencies at ITC.

A senior member of the Israeli trauma training delegations and emergency response experts sent out in the immediate aftermath of disasters and terror attacks around the world (Boston, Pittsburg, London, Paris, Germany, Philippines, Jordan).

#### JReady - The Jewish Agency for Israel

Member of the professional committee

2020- present

#### Ministry of Education – Shevah-Mofet College and High School, Tel Aviv Senior Educational Counselor, Head of Counseling

1994 - 2011

Member of the school's senior management

#### 9. Miscellaneous



# Content development and professional lead – Interactive resilience tools and program for therapists - Vivid App, RIL – The National Resilience Network 2024

**Team member and professional lead – Suicide Prevention Online Course development**Israel's National Digital Learning Initiative, The Ministry of Health 2023-present

Expert Consultant - Mental first aid for pre-hospital emergency medicine teams, Magen David Adom in Israel (Israel's National Emergency Pre-Hospital Organization) 2020



#### **PUBLICATIONS**

#### A. Articles in Refereed Journals

#### **Published**

Benatov, J., Itzhaky, L., Daniels, S., & Zalsman, G. (2024). Suicidality Calls to a National Helpline After a Terror Attack and War, JAMA Psychiatry, Published online September 18, 2024. doi:10.1001/jamapsychiatry.2024.2034

Daniels S. (2024), *Emotional first aid during war, telephone and online support channels during emergency*, Israel Studies in Language and Society 17 – 2024, 114-130 [Hebrew]

Weisberg, O., Daniels, S., & Bar-Kalifa, E. (2023). Emotional expression and empathy in an online peer support platform. Journal of Counseling Psychology, 70(6), 671–681. <a href="https://doi.org/10.1037/cou0000705">https://doi.org/10.1037/cou0000705</a> [Impact Factor 3.9, Q1]

Daniels S., Seger T., Guttman J. (2012), Occupational benefits and costs conducting psychotherapy: The case of school counselors, Psychology and Education, Vol. 49(3-4), 2012, 1-15

Daniels S., Guttman J. (2011), *Psychological consequences for educational counselors from their psychotherapeutic work*, Education Counseling in Israel, Vol. 16, 2011 [Hebrew]

Guttman J., Daniels S., (2001), What Do School Counselors Gain from Their Role as Psychotherapists? Educational Psychology, Vol. 21. 2, 2001 [Impact Factor 3.2, Q2]

Daniels S. (1998), Being a counselor – Satisfaction and Psychological Benefits, Education Counseling in Israel, Vol. 7, 1988 [Hebrew]

#### **Accepted for Publication**

#### **Work in Progress**

Daniels S., Itzhaky L. & Zalsman G. (In preparation). Suicide-Related Calls to a National Emotional Support Online Hotline during the COVID-19 Pandemic

#### **B.** Articles or Chapters in Scientific Books

#### **Published**

Daniels, S. (2024), Introduction to the Hebrew Edition, in: Arroll M., *Tiny Traumas*, Matar Publishing House [Hebrew]

Daniels, S. (2024), Emotional First Aid in suicidal risk situations - a practical guide, in: Ziv I., Editor, *Help is coming*, Aharon Publishing, Israel [Hebrew]

Daniels, S. (2020), "What does death mean to you?" Telephone and online support in the process of dealing with death and loss, in: Bolless R., Kaniel S. and Shalev R. Editors, *Educational Consulting Today: Selected Chapters from Theory to Practice*, Resling, Tel Aviv, Israel [Hebrew]



Daniels, S. (2015), Emotional First aid, in: Belz - Levi Y. Editor in Chief, *Illuminating the Mountains of Darkness - Suicidal prevention and suicide behavior among adolescence*, Diunon ProBook, Tel Aviv [Hebrew]

#### **Accepted for Publication**

Daniels, S. (2023), Online emotional first aid and support, during crisis and emergencies, in Amitzi V. & Adam K. Editors, *Disaster management. Socio-psychological dimensions and implications of emergencies on the civilian population*, Nomos Verlagsgesellschaft mbH & Co. KG, Berlin

Daniels, S. (2023), Emotional First Aid During an Epidemic - Telephone and Online Support for Children and Adolescents While Dealing with the COVID-19 Epidemic, in: Peleg O., Shalev R. and Hadar E. Editors, *Educational Consulting During Crisis and Emergency*, The Max Stern Yezreel Valley College, Israel [Hebrew]

#### C. Authored Books

#### **Published**

Daniels, S., (2018), *Analog Pain in a Digital Age*, Matar Publishing House. [Hebrew]

Daniels, S., (2015), *The Power of Listening - Helping those close to you in times of emotional distress and crisis*, Matar Publishing House [Hebrew]